



## FACULTY

Rome: D. Caporossi – L. Di Luigi – F. Felici – P.P. Mariani – P. Parisi – C. Pesce – F. Pigozzi – M. Sacchetti V.R. Spica – G. Vannozzi – A. Zelli, and others

Language centre: A. Vitali – E. Bevan

Cologne: B. Biallas – K. Petry – C. Remark – C. Wilke, and others

Odense: P. Aagaard – P. Caserotti – K. Froberg – T. Skovgaard – S. Vestergaard, and others

Oslo: S. Anderssen – E. Kolle – S. Loland – Y. Ommundsen, and others

Vienna: A. Baca – N. Bachl – H. Tschan – O. Weiss – B. Wessner, and others

Guest Lecturers: M. Audiffren (Poitiers) – A. Chirumbolo (Rome) – G. Gualdi (Rome) – M. McNamee (Swansea) – J. Parry (Prague) – N. Schott (Stuttgart) – A. Sgadari (Rome) – J.J. Temprado (Marseille), and others

Program Coordinators: Daniela Caporossi (Rome)  
Norbert Bachl (Vienna)  
Karsten Froberg (Odense)  
Yngvar Ommundsen (Oslo)  
Christiane Wilke (Cologne)



# EUROPEAN MASTER IN HEALTH AND PHYSICAL ACTIVITY

Children  
Adults  
Elderly

**A 2-year International Master (120 ECTS)**  
*offered jointly by*

The University of Rome “Foro Italico” (coordinating institution)

The University of Vienna

The University of Southern Denmark, Odense

The Norwegian School of Sport Sciences, Oslo

The German Sport University, Cologne

with contributions from the universities of Athens, Marseille, Groningen, Poitiers, Stuttgart, Swansea and others

International second level degree (120 ECTS) issued by the partner Universities as follow:

Italy - Laurea Magistrale in Attività Fisica e Salute (Classe LM 67) (National title)

Norway - Master i Idrettsvitenskap (National title)\*

Austria - Master of Science (National title)\*

Denmark - Cand. Scient. I Idraet og Sundhed (National title)\*

Germany - European Master in Health and Physical Activity

\* single or multiple degree/s will be released in compliance with partner University's registration and ECTS requirements

For further information please contact:

European Master - University of Rome “Foro Italico”

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International Office - e-mail: [relazioni.internazionali@uniroma4.it](mailto:relazioni.internazionali@uniroma4.it)

The program is structured into a one-year general program mainly offered in Rome, and a second year in other locations, focusing on alternative areas of specialisation: Children, Adults, Elderly, each referring to both the general population as well as to special groups, and dealing with such issues as:

- Health and fitness, risk factors and prevention in the general population
- Movement therapy in functional re-education & rehabilitation
- Wellness and coping in disability, chronic disorder, or other limiting conditions
- Maturation and social integration, wellness and creativity, personal growth and expression

## First year - 60 ECTS

FOUR TEACHING MODULES IN ROME (3 weeks of intensive teaching each)

1. Biomedical issues in Health and Exercise	5 Oct - 23 Oct'15	15 ECTS
2. Changing behaviour towards a lifelong active lifestyle: from childhood to adulthood	23 Nov - 11 Dec'15	15 ECTS
3. Movement Therapy and Physical Activity for the Elderly and Special Populations	18 Jan - 5 Feb'16	15 ECTS
4. Research Methodology*	7 Mar - 25 Mar'16	15 ECTS

\*Students from consortium Universities should earn at their own home institution those credits relevant to topics of Research Methodology, for a total of 15 ECTS.

## Second year - 60 ECTS

TWO DIFFERENT SPECIALISATION TERMS AMONG (15 ECTS, 3 weeks of intensive teaching & internship each) Apr-Nov'16 30 ECTS

- Vienna: Physical activity and disease prevention in adults
- Odense: Physical activity and disease prevention in children
- Odense: Physical activity and disease prevention in the elderly
- Cologne: Movement therapy for special populations
- Rome: Movement therapy in orthopaedic rehabilitation
- Oslo: Psycho-pedagogic aspects of preventive physical activity

THESIS 30 ECTS

### Admission:

The program is addressed to students with an undergraduate degree in the sport science or related area, with good knowledge of written and spoken English and adequate credentials. A total of 35 students will be admitted, with possible extensions in case of qualified applications. 15 positions are reserved to students from partner universities. 5 additional positions are restricted to non-European students. Wide international participation is encouraged.

### Fees & Support:

All international students are entitled to the same student assistance services as Italian students, on the basis of the same requisites of financial means and/or merit. This applies to scholarships, student loans, housing assistance, and fee waivers.

The tuition fees amount is payable in two instalments:

- First instalment fee: € 428,71 (enrolment national tax, insurance), to be paid when you enrol;
- Second instalment fee: from € 813,34 to € 1.662,52 depending on the family income.

First two higher candidates in the ranking lists from each consortium university will be exempted from payment of university fees but for accident insurance, virtual duty stamp, IT Services and Regional Tax DSU (total € 229,13). Additional students from consortium universities, with the exception of Italian students, are allowed to pay taxes and contributions of the two-year course in a single fixed settlement of € 3.200,00. Students from consortium universities still maintain the right to apply for an Erasmus mobility grant.

### Single Modules:

Candidates meeting admission requirements can be admitted to single modules on payment of € 800,00.

### Applications:

Students from the Universities of Cologne, Odense, Oslo, Vienna will be selected by their respective local coordinators, subject to the number of positions available.

Students from University of Rome "Foro Italico" and all other students should submit their application and documents to the head office in Rome.

The deadline for the application is **15 July 2015 at 13:00 (Central European Summer Time)**. Applicants will be immediately notified about selection procedures, which will be completed by 25 July.

The program starts on **Monday 5 October 2015**.



University of Rome "Foro Italico"



University of Vienna



University of Southern Denmark, Odense



Norwegian School of Sport Sciences, Oslo



German Sport University, Cologne